

Owen R. Bell, M.D.
Martha Linden, CNM, APRN

PRENATAL CONTRACT

Please read this carefully and sign. This contract does not say you must do what we suggest, nor does it guarantee that everything will turn out perfectly. Either one of us may dissolve this contract if it is not working out right.

APPOINTMENTS

I understand that regular prenatal care contributes greatly to a healthy pregnancy. I agree to attend all prenatal appointments scheduled by myself and this office. If you miss three appointments in a row without communicating with us, we will assume you have gone elsewhere for your care. A certified letter will be sent to you and the hospitals will be notified that you are no longer a patient here. Frequent failure to come to appointments, or waiting until late in your pregnancy to seek care, puts you and your baby at risk.

DRUGS AND ALCOHOL

If you use drugs including cocaine, marijuana and alcohol during your pregnancy, you are endangering your unborn child. By signing this contract, you agree to allow us to send your urine for drug testing without advanced notification. If you test positive for drugs, then we will assist you in entering a drug treatment program, and we will expect you to continue to attend your prenatal appointments.

HIV TESTING

An HIV test is routinely included in your initial prenatal labs. Studies have shown that for pregnant woman who test positive during pregnancy and were treated with anti-AIDS drugs, the transmission of the virus to their infants was significantly reduced. If you do not want to be tested for HIV, you will need to inform us at your first visit.

SMOKING

We strongly discourage the use of tobacco at all times, but especially during pregnancy. If you are a smoker, we will expect you to make an effort to quit during your pregnancy, and receive a referral to the Alaska Lung Association for help with quitting smoking.

TEAM EFFORT

We hope you are pleased with the care you receive from us. If you are not, please let us know. We would appreciate the chance to correct any problems. We also like to hear when we are doing a good job, or to hear from a new patient that "a friend told me about you".

I HAVE READ AND UNDERSTAND THE CONTRACT. MY QUESTIONS HAVE BEEN ANSWERED TO MY SATISFACTION.

SIGNATURE

DATE

PRINTED NAME