

PERSONAL MEDICAL HISTORY

NAME: _____

DATE OF BIRTH: _____

TODAY'S DATE: _____

PERSONAL HISTORY			FAMILY HISTORY		
YES	NO		YES	NO	
		Migraines			Breast or Ovarian Cancer
		Thyroid Problems			Other Cancers:
		Asthma			Heart Attack or Stroke
		Breast Disease			High Blood Pressure
		High Blood Pressure			High Cholesterol
		Blood Clots (arms, legs, lungs)	MENSTRUAL AND PAP HISTORY		
		Stroke	First day last menstrual period:		
		Anemia or blood disease	Num. of weeks between periods:		
		High Cholesterol	How many days do you flow:		
		Sickle Cell Disease	Have you ever had an abnormal PAP:		
		Blood Transfusion	If so, when:		
		Hepatitis or Mono	PREGNANCY HISTORY		
		Liver Disease	How many times have you been pregnant (including now)?		
		Kidney or Bladder Problems			
		Infection of Uterus or Fallopian Tubes	Number of live births:		
		Frequent Vaginal Infections	Number of miscarriages or abortions:		
		Genital Warts	Problems with Pregnancies:		
		STD (gonorrhoea, syphilis, chlamydia, herpes)			
		IV Drug Use			
		Ovary Problems			
		Diabetes			
		Cancer	What do you use for birth control?		
		Physical or Sexual Abuse			
		Emotional or Psychological problems			

MEDICATIONS	NATURAL SUPPLEMENTS/HERBS	HOSPITALIZATIONS, SURGERIES & DATES
(Please List Below)		

ALLERGIES	HABITS			
(Medications, skin, latex)		YES	NO	AMOUNT
	Alcohol			
	Tobacco			
	Recreational Drugs			
	Caffeine			

Sexual Partners

Male

Female

Both

Do you exercise regularly?

How often:

Type of Exercise:

OTHER SYMPTOMS					
Please select all current symptoms that apply:					
GENERAL		EARS, NOSE, THROAT		CARDIOVASCULAR	
Fever		Sinus Problems		Palpitations	
Chills		Ringing Ears		Chest Pain	
Decreased Energy		Sore Throat		Swelling in legs	
Weight Gain					
Weight Loss					
RESPIRATORY		GASTROINTESTINAL		GENITOURINARY	
Shortness of Breath		Diarrhea		Painful Intercourse	
Chronic Cough		Constipation		Leaking Urine	
Wheezing		Heartburn		Pain with Urination	
		Rectal Bleeding			
		Nausea			

MUSCULOSKELETAL		MENTAL HEALTH		BLOOD PROBLEMS	
Joint Pain		Depression		Excessive Bruising	
Back Pain		Anxiety		Blood Clots in Veins	
Muscle Weakness		Emotional Changes			

OTHER SYMPTOMS: